

## THIS IS NOT A FICTITIOUS STORY...

## IT IS REAL AND VERIFIABLE...

Vander Hoven, a psychologist from Netherlands, announced his new discovery about the effect of reading the Qur'aan and repeating the word ALLAH both on patients and on normal persons. The Dutch professor confirms his discovery with studies and research applied on many patients over a period of three years. Some of his patients were non-Muslims, others do not speak Arabic and were trained to pronounce the word "ALLAH" clearly; the result was great, particularly on those who suffer from dejection and tension. Al Watan, a Saudi daily reported that the psychologist was quoted to say that Muslims who can read Arabic and who read the Quran regularly could protect themselves from psychological diseases.

The psychologist explained how each letter in the word "ALLAH" affects healing of psychological diseases. He pointed out in his research that pronouncing the first letter in the word "ALLAH" which is the letter (A), released from the respiratory system, controls breathing. He added that pronouncing the velar consonant (L) in the Arabic way, with the tongue touching slightly the upper part of the jaw producing a short pause and then repeating the same pause constantly, relaxes the aspiration.

Also, pronouncing the last letter which is the letter (H) makes a contact between the lungs and the heart and in turn this contact controls the heartbeat. What is exciting in the study is that this psychologist is a non-Muslim, but interested in Islamic sciences and searching for the secrets of the Holy Quran. Allah, The Great and Glorious, says, We will show them Our signs in the universe and in their ourselves, until it becomes manifest to (remember me in UR Dua) ALLAHU AKBAR Allāh is great Allah keeps me going day and night. Without Allah, I am no one. But with Allah, I can do everything. Allah is my strength." This is a simple test. If you love Allah and you are not ashamed of all the great things that he has done for you, send this to everyone you know, May Allah help U to succeed...Ameen

During the next 60 seconds, stop whatever you are doing, and take this opportunity. (Literally it is only 1. minute) All you have to do is the following: You simply say "A prayer" for the person that sent you this message. Next, you send this message to everyone you know. In a while, more people will have prayed for you and you would have obtained a lot of people praying for others. Next, stop and think and appreciate Allah's power in your life, for doing what you know is pleasing to him. If you are not ashamed to do this, follow the instructions.